# **ASPERGER'S AWARENESS**



#### **Overview**

Asperger syndrome is a form of autism which affects the way people interact with others and identify with the world around them. This condition can challenge how people communicate and creates difficulties in understanding social rules and situations, which can cause anxiety and confusion. This training fulfils recommendations underlined by the CQC and will provide delegates with a fuller understanding in order to accordingly respond to, and care for, those with Asperger's.

### **Outline of Programme**

- Understand what Asperger's is and its relation to the autism scale.
- Know the relevant legal and policy framework.
- Characteristics and how they can be presented.
- Know its impacts and how they can affect people differently.
- Strategies of how to achieve and promote effective communication.
- How to provide effective support.
- Identify social situations which may present challenges.
- Recognise the diversity and individual personality of people with Asperger syndrome, with the provision of person-centred care and support.
- Ways in which autism can impact the everyday lives of family and other supporters, as well as the individual.
- Consider practical ways to provide support to people with Asperger syndrome.

#### **Assessment**

The Asperger's awareness training course takes around 3 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to

help guide participants through these sessions and a certificate will be awarded upon completion.

## Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

# **Important Information**

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.