

CHALLENGING BEHAVIOUR AWARENESS



Overview

This course is designed for anyone working in the care sector and ensures that they understand how to identify and diffuse difficult and threatening situations involving aggression, intimidation and many other types of challenging behaviour. The course also teaches delegates how to identify the factors that might trigger challenging behaviour as well as how to manage challenging situations using simple intervention techniques.

Outline of Programme

- What constitutes challenging behaviour?
- Different kinds of challenging behaviour.
- What might trigger challenging behaviour?
- Handling challenging situations.
- Understanding challenging behaviour.

Assessment

This challenging behaviour awareness training takes around 3 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.

- Flexible dates available.
- Call to book a day that suits you.