

CHOKING PREVENTION AWARENESS



Overview

Ideal for staff working in care settings, this training teaches delegates about the causes of choking, the signs and symptoms, and active steps which they can take in order to prevent its occurrence. Delegates will also gain an understanding of different diet options, the foods which could pose a risk to patients, and the practical skills required to assist someone with their eating.

Outline of Programme

- Dysphagia.
- Signs and symptoms of choking.
- Signs and symptoms of aspiration.
- Diet.
- Which foods put service users at risk?
- Assisting someone with their eating - what to do, and what not to do.
- Managing an emergency.

Assessment

The choking prevention awareness training course takes around 2 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.

- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Please call to book a day that suits you.