

PRINCIPLES OF MANUAL HANDLING



Overview

This course is designed for both industrial and office workers who are involved with manual handling at work, such as the handling of materials, boxes or packages. Training will introduce delegates to manual handling hazards and the control measures available in order to reduce the risk of injury to themselves or others. This qualification will enable employees to contribute to the development of safer manual handling practices in their workplace and is often taken alongside the Pearson Level 2 Award in Health and Safety in the Workplace.

Outline of Programme

- Introduction and explanation.
- Legislation and guidance.
- Identify the hazards of manual handling.
- Recognise the risks involved and controls measures available.
- What to expect from a manual handling assessment.

Assessment

The Pearson principles of manual handling training course takes approximately half a day to complete and delegates will be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions. Assessment is carried out through practical observation and a multiple-choice examination. A certificate will be awarded on completion, with a validity of 12 months.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Please call to book a day that suits you.