# **END OF LIFE CARE AWARENESS**



#### Overview

This course is designed for all staff involved in palliative care or who may be likely to care for those approaching the end of their life. Delegates will gain understanding of attitudes and fears relating to the end of life, plus the responsibilities of their role as a carer. With this understanding, delegates will be able to create care plans for patients to ensure that their final moments are spent in a positive and stress-free environment.

#### **Outline of Programme**

- Introduction and explanation.
- End of life care strategy.
- Attitudes and fears about death and dying.
- Good and bad experiences of death and dying.
- Advanced care planning.
- Symptom management.
- Advance directives.
- Roles and responsibilities in end of life care.
- Last offices.
- Grief and loss.

#### Assessment

The end of life care awareness training course takes around 3 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to

help guide participants through these sessions and a certificate will be awarded upon completion.

## Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

### Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.