

HIV AWARENESS



Overview

This course increases delegates' awareness of HIV, providing an understanding of how it interacts with the immune system, ways in which it is transmitted, and the health impacts it causes. Delegates will also learn about measures which can be taken to prevent HIV as well as the current treatment and support available for those who have it.

Outline of Programme

- Introduction and explanation.
- Understanding of how HIV interacts with the immune system.
- Learn about the current statistics.
- Knowledge of how the virus is transmitted from person to person.
- Identifying high-risk sexual behaviours.
- Prevention methods.
- The importance of regular testing.
- Implications that a late diagnosis can have on a person's health.
- Current treatments available.
- Be able to dismiss many of the myths heard about HIV.
- Testing and support available.

Assessment

The HIV awareness course runs over 3 hours and delegates will be expected to engage in several group activities. Our experienced trainers will be on hand to help guide delegates through these sessions and a certificate will be awarded upon completion.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.