

# INCONTINENCE AWARENESS



## Overview

This training is designed for staff in a range of care settings and ensures an understanding of what incontinence is and the impact it can have on the affected individual. As well as this, delegates will be taught about the causes of different types of incontinence and effective ways to manage it. This training is interactive, and delegates will be given the opportunity to shape the way it is delivered by discussing their own roles and experiences of managing individuals affected by incontinence.

## Outline of Programme

- What does incontinence mean?
- Common causes of incontinence.
- Understanding different types of incontinence.
- Identifying the assistance available when managing incontinence.
- Risks associated with male and female sufferers.
- Medicines and treatment.
- Complications.
- Developing management plans.

## Assessment

The incontinence awareness training course takes around 2 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

**Cost**

Our courses are competitively priced, and we aim to beat any equivalent training quote.

**Important Information**

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Please call to book a day that suits you.