

PERSONAL CARE



Overview

This course is aimed at those responsible for providing personal care to service users in a range of care settings. Delegates will come away from the course with the ability to deliver quality personal care and an understanding of the key principles of good care planning. Delegates will also be taught the safety rules and industry standard precautions they need to follow in order to protect themselves and the organisation in which they work against any legal implications.

Outline of Programme

- Providing baths and showers for the individual service user.
- Mouth, denture, hair, foot and nail care.
- The safety rules and standard precautions associated with providing care.
- Recording and reporting, and why it is important.
- Policies and procedures, and why we need to follow them.

Assessment

The personal care training course takes around 2 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.

- Flexible dates available.
- Please call to book a day that suits you.