

Physical Intervention Skills



Overview

Physical intervention skills are sometimes required for the safe and legal management of physically challenging behaviour. Delegates attending this course will learn a range of skills which are essential when working with patients who have learning disabilities or mental health problems.

Shreeji Training can offer you a bespoke training package, specifically designed to suit your area of business and focusing on the specific risks and challenges your organisation might face.

Outline of Programme

- Introduction to physical intervention.
- Identifying challenging behaviour and knowing when to intervene.
- Physical intervention techniques, including breaking away and holding.
- Risks involved in physical intervention.
- The Assault Cycle.
- Laws and legislation.
- Triggers of challenging behaviour.
- Causes and diffusion of anger and aggression.
- Unacceptable practice.
- Duty of care.
- Threatening behaviour and physical assault.
- Dementia and how to intervene physically.

Assessment

The physical intervention course runs over 6 hours and delegates will be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.